St Bernard Dance and Fitness Studio

June

www.facebook.com/StBDanceandFitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
StB Studio	***Zumba (Kate)**	**Yoga**		**PiYo**	**Strength Foundations**	**PiYo**
4803 Tower Avenue	10:00-11:00am	9:30-10:30am	**NO Tai Chi**	10:00-11:00am	10:00-11:00am	10:00-11:00pm
St Bernard, OH						
Questions:						
Kate: 513-324-3513						
or	***Zumba (Pat)**		***Zumba Tone (Pat)**			
Rec. Dept: 513-641-3137	5:30-6:30pm		5:30-6:30pm	***Zumba (Allison)**		
				7:15-8:15pm		
8	9	10	11	12	13	14
	***Zumba (Kate)**			**PiYo**	**Strength Foundations**	**PiYo**
	10:00-11:00am	**Yoga**	**NO Tai Chi**	10:00-11:00am	10:00-11:00am	10:00-11:00pm
*** HYBRID (In Studio & ZOOM)**		9:30-10:30am				
ZOOM Link						
ID: 997 276 3326	***Zumba (Pat)**		***Zumba Tone (Pat)**			
Passcode:StBStudio	5:30-6:30pm		5:30-6:30pm	***Zumba (Allison)**		
				7:15-8:15pm		
15	16	17	18	19	20	21
	***Zumba (Kate)**			**PiYo**	**Strength Foundations**	**PiYo**
	10:00-11:00am	**Yoga**	**NO Tai Chi**	10:00-11:00am	10:00-11:00am	10:00-11:00pm
		9:30-10:30am				
	***Zumba (Pat)**		***Zumba Tone (Pat)**			
	5:30-6:30pm		5:30-6:30pm	***Zumba (Allison)**		
				7:15-8:15pm		
22	23	24	25	26	27	28
	***Zumba (Kate)**			**PiYo**	**Strength Foundations**	**PiYo**
	10:00-11:00am	**Yoga**	**NO Tai Chi**	10:00-11:00am	10:00-11:00am	10:00-11:00pm
		9:30-10:30am				
	***Zumba (Pat)**		***Zumba Tone (Pat)**			
	5:30-6:30pm		5:30-6:30pm	***Zumba (Allison)**		
				7:15-8:15pm		
29	30					
	***Zumba (Kate)**					**JUNE Unlimited**
	10:00-11:00am					Class Pass/Fitness Center Pass
						$50/mo.- See your Instructor!
						(cash or check)
						Regular Class Rates:
	***Zumba (Pat)**					1st Class Free/ $7 Drop-In
	5:30-6:30pm					10 Class=$50/ 20 Class=$85